RIDING FOR THE DISABLED ASSOCIATION OF QUEENSLAND Inc. STRATEGIC PLAN 2025 to 2028



Riding Develops Abilities

ABN: 985 824 305 76

OUR VISION: To develop and enrich the lives of people living with a disability.

OUR MISSION: To enable people with disabilities and volunteers throughout Queensland to experience enjoyment, challenge, and a sense of achievement through participation in sporting, recreational and educational equestrian activities to improve their quality of life, attain personal goals, and develop life skills.

OUR VALUES:

- Collaboration
- Capability Development
- Accountability
- Quality service
- Inclusiveness
- Respect for diversity

GUIDING PRINCIPLES:

- Recognition that all persons have the right to achieve their optimal potential, irrespective of mental, sensory or mobility limitations.
- Respect for inherent dignity, individual autonomy including the freedom to make one's own choices and independence of persons.
- Non-discrimination.
- $\circ~$ Full and effective participation and inclusion in society.
- Respect for difference and acceptance of persons living with disabilities as part of human diversity and humanity.
- $\circ~$ Equality of opportunity.
- Accessibility.
- $\circ~$ Equality between men and women and
- Respect for the evolving capacities of people living with disabilities and respect for the right of people with disabilities to preserve their identities.

KEY STAKEHOLDERS: People living with disability and their family and/or carers / Volunteers / Riding for the Disabled Association of Queensland / Riding for the Disabled Association of Australia / Local, State and National Government Departments / Funding bodies / Disability Service providers / Mental Health Service providers / Sponsors and Philanthropists | Community members | Community Service Groups.

> Riding for the Disabled Queensland acknowledge the traditional custodians of the land on which RDA Services are delivered.

Mission and Objectives



To enable people with disabilities and volunteers throughout Queensland to experience enjoyment, challenge, and a sense of achievement through participation in sporting, recreational and educational equestrian activities to improve their quality of life, attain personal goals, and develop life skills.

Objective 1. Collaboration

Development and delivery of activities within member centres to increase participation and attract new volunteers and riders

- Oversee the delivery of our riding program across member centres in Queensland
- $\circ~$ Deliver good governance and governance information centres and board
- Governance, policies, process, systems
- Support volunteer recruitment and retention
- Facilitate research on 'quantifiable benefits' of RDA riding program and activities
- $\circ~$ Promote RDA centres as a means of preserving green space
- Engage with prospective young volunteers from high school, community groups



- Improved state office administration resources
- RDAQ Board meeting coordination, financial statements compliance, annual state office budget, insurance, workshops and state championship
- Updated RDAQ governance documents and strategic plan implementation
- Updated volunteer recruitment documents, riders registration, coaching registration, medical documents
- Increased number of annual regional workshops, organizing and delivering RDAQ state championship.
- Collect data for RDAQ programs 'quantifiable benefits' and promote green spaces

Objective 2. Build Capability

Build the capability and capacity of Riding for the Disabled programs across all our centres

- Enhance the skills and ability of our coaches
- Deliver training and accreditation courses to coaches
- Enhance the skills and ability of our volunteers
- Deliver training courses and workshops for volunteers
- Develop online training resources for member associations and volunteers
- Review develop and upgrade regional state events, workshops, state finals, rules, judges, process
- Update event delivery policies for all member centres
- Make coaching training accessible to all

Outcomes

- Delivered beginners/intermediate/advanced coach accreditation courses
- Delivered training courses for volunteers in areas of identified need including regional workshops
- Upskill identified coaches through opportunity to attend RDAA national coaches workshop
- Review and upgrade policy procedures and deliver governance information sessions for affiliated centres and board members
- Updated delivery policies for all member centres including new RDAA guidelines

Objective 3. Sustainability

Ensure the riding program in our member centres is sustainable, viable and relevant

- Update member centres database, number of participants, volunteers, coaches, revenue, trajectory 5 years
- Deliver centre accreditation and training to meet RDA requirements
- Review and upgrade policy and procedures for member centres
- Review training and assessment resources to comply with RDAA standards
- Deliver good governance information for RDAQ board members
- Develop state level promotional content to attract new coaches and new volunteers
- Ensure governance and state office operations are appropriately resourced

Outcomes

- Updated member centres database of riders, volunteers, and coaches, with increasing information for reporting to RDAA and other bodies.
- Developed and maintained RDAQ state website with professional content and secured portal with professional information for coaches
- Ongoing communication with affiliated centres to resolve conflicts and centre related administration issues
- Continue to develop state level promotional content to attract new coaches by securing additional budget for future coaches recruitment

Assist affiliated Member Centres to consistently support RDA volunteers and riders to deliver safe sporting activities

- Deliver activities within member centres to increase participation and attract underrepresented groups
- Review RDAQ communication methods including website, webinar, teleconference meetings, workshops,
- Explore new partnerships and collaborations to support both RDAQ national office as well as member centres
- Advocate at state level for clarity on NDIS rules related to RDAQ riding programs
- Explore low-cost activities such as unmounted equine sessions

Outcomes

- Developed and delivered workshops and activities within centres to increase participation and attract underrepresented groups.
- Ongoing communication with affiliated centres to provide informed advice and practical support to enable delivery of activities within centres and insure safe and engaging activities and participation.
- Explore future affiliations with other equine bodies for training purposes, and joint events.
- Develop a better alignment between NDIS funding rules and RDAQ riding programs to expand revenue stream from participating riders
- Expand training workshops related to unmounted program for coaches and volunteers

RDAQ Strategic Priorities

Priority	Description	Actions	Outcome
RDAQ Delivery framework	Provide delivery framework for centres to increase participation	Plan the delivery of activities and assess required resources	Workshops, training modules, championships, accreditation
Participation in Activities	Develop and deliver centre activities	Attract underrepresented groups	Increased participation
Partnerships and Collaborations	Explore new partnerships to support RDAQ	Support national office and member centres	Strengthened partnerships
Advocacy	Advocate for clarity on NDIS rules	State level advocacy	Clearer NDIS rules
Low-cost Activities	Explore low-cost activities	Unmounted equine sessions	Increased accessibility
Communication with Centres	Ongoing communication with affiliated centres	Provide informed advice and support	Safe and engaging activities
Future Affiliations	Explore affiliations with other equine bodies	Training purposes, joint events	Broadened expertise
NDIS Funding Alignment	Align NDIS funding rules with riding programs	Expand revenue stream	Increased funding
Training Workshops	Expand training workshops	Unmounted program for coaches and volunteers	Skilled workforce