

<b>Riding for the Disabled Association of Qld Inc</b>	<b>RDAQ DRUG AND ALCOHOL POLICY</b>
<b>Policy Number</b>	<b>RDAQ – Policy 09</b>
Date Created here 07/02/2007	Date reviewed 27/11/2015
Related Policies	

### **RDAQ's POSITION ON DRUGS AND ALCOHOL**

Drugs and alcohol use in RDAQ's State Office and at RDA Centres create a range of issues. Employees, Coaches, Volunteers, Riders and Athletes under the influence of drugs and alcohol can cause injury to themselves, horses and others, resulting in poor performance, inefficiency and damage to equipment and property.

RDAQ has a duty of care to ensure the health, safety and welfare of our employees, coaches, volunteers, riders, athletes and visitors. It is everybody's responsibility to take reasonable care of the health and safety of others in the workplace, centres and sporting venues and to ensure that their performance and actions are not impeded or enhanced by the use of drugs (either legal or illegal) or alcohol.

It is the responsibility of all persons to report to their immediate supervisor, event manager, coach or health and safety officer any incidents where it is suspected that a employee, coach, volunteer, rider or athlete is under the influence of drugs or alcohol.

### **CODE OF BEHAVIOUR**

An employee, coach, volunteer or rider whilst on duty or on RDAQ premises is prohibited from:

- possessing or using illegal drugs
- being under the influence of drugs (legal or illegal) or alcohol
- having consumed alcohol within six (6) hours of commencement a RDAQ competition
- consuming alcohol and smelling of having consumed alcohol whilst on duty or competing

There is a range of medications that can affect performance, including pain relievers, sleeping pills or tranquillisers. An employee, coach, volunteer, rider or athlete who is using medication or legally prescribed drugs that may impede or enhance performance must report this to their immediate supervisor before commencement.

### **RDAQ'S POSITION ON ANTI-DOPING**

RDAQ commits to the world anti-doping program and the code.

- To protect athletes fundamental right to participate in doping free sport and thus promote health, fairness and equality for athletes.
- To ensure harmonized, coordinated and effective anti-doping programs with regard to detection, deterrence and prevention of doping.

### **BREACHES**

A breach of this policy is considered serious and will lead to disciplinary action, disqualification or suspension.

### **DRUG AND ALCOHOL ASSISTANCE**

For further information on drug and alcohol assistance:

Quit Smoking Line 13 18 48

Alcohol and drug information and counselling service 1800 198 024

Australian Drug Foundation [www.adf.org.au](http://www.adf.org.au)