Procedure to Train as an NCAS RDAA **Level O Carriage Driving Coach**



1. Expression of interest

Discuss your wish to train as a carriage driving coach with RDA Centre personnel such as RDA Centre committee members and RDA Carriage Driving Coaches. Make enquiries about available carriage driving coach educators to supervise you.



2. Application to train

Fill out the **Application to Train Form** for the coaching level and discipline in which you wish to train. Your application must be approved by your Centre Management committee, and signed by vour coach educator.



4. Approval of application

Send the completed Application to Train Form and payment to your State Coaching Coordinator. The RDA State association informs you that it has ratified your application, and then sends it to RDAA for processing.



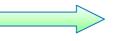
3. Training Materials

You need to order your Manual/s and Workbook/s on the Order Form on the last page of the Application. Fill in your payment details.



5. Processing

RDAA processes your order form and payment within 14 days and mails your books out to the nominated address.



6. Completion of course requirements

Complete workbook activities and practical coaching under the supervision of the coach educator(s) of your choice.



8. Make arrangements with your assessor.

After choosing your assessor, contact them to ask whether they are willing to assess you and, if so, when they are available.



7. Choose your assessor.

When you and you coach educator agree that you are ready to be assessed, you discuss assessment with your coach educator, then choose an assessor.



9. Assessor explains procedure

Liaise with your assessor to arrange a time and venue for your assessment. The assessor explains the procedure, and ensures that you understand the competencies you must have to be successful.



10. Assessment complete

There are two possible outcomes...

Competent, or Not yet competent



Consult with coach educator

Don't despair! Discussion and advice on further training and assistance is available. If you think your assessment was unfair, you can appeal – ask your State office.



Qualification awarded

The assessor completes the paperwork according to instructions on the **Competency Assessment** Form.

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Information for Applicants

Who Attends RDA Carriage Driving Courses

RDA carriage driving courses are designed for volunteers or carriage driving influenced people who wish to become RDA qualified carriage driving coaches to enrich the lives of people with disabilities by teaching them to drive. You may have had experience as a carriage driver yourself; you may already be involved with a carriage driving club, or you may be involved as a volunteer with RDA in another discipline.

About the Level O training course

The RDAA Level O course of training is designed as an introductory package for candidates who are interested in learning more about the RDA organisation, people with disabilities, how to teach basic driving skills, basic horse care and stable management.

Once completed, the candidate can assist the RDA Level 1 Carriage Driving Coach in the RDA program with such activities as:

- Preparing, feeding and managing horses
- Inducting and training volunteers
- Performing safety gear checks
- Assisting with loading and unloading of drivers
- Taking individual lessons under supervision of a level 1 whip

The Level O course also prepares adult trainees with study and research skills which are necessary for undertaking the RDAA Level 1 whip qualification.

What are the age and driving skill pre-requisites for the Level O course?

You must be:

- At least 15 years old at the time of commencing this course
- At least 16 years old at the time of completing this course
- Have gained either through a driving club or RDA centre some basic carriage driving knowledge

Note: If you have a disability, your case will be considered on its merits.

What does the Level O training package contain?

The Level O Carriage Driving Coach package contains a generic section that is common across all RDA training programs, plus a sports specific section for Riding, Carriage Driving or Vaulting, depending on your chosen equestrian discipline. Each section comes with an information training manual, a workbook for your answers and sign-off sheets for your supervisor and assessor.

How long will the Level O Carriage Driving Coach training take?

It usually takes between 6 – 12 months to complete the Level O qualification if you spend time training once a week/fortnight, but you can take up to two years if you need to. You can apply for additional time by contacting your State RDA Office to request an extension. As a part of your qualification you must assist an RDA Level 1 Carriage Driving coach for a minimum of 10 hours at an RDA Centre. To provide evidence of this, log your assistance hours on the Hours of Coaching log sheet (supplied in the manual). You can complete your answers in the workbook at your own pace – so it is up to you how slow or fast you complete the qualification!

How will you deal with the private information I have included in my submission?

The information gathered on this form is entered into the National Coaching Accreditation Scheme (NCAS) database of registered coaches, maintained by the Australian Sports Commission (ASC) in conjunction with national sporting associations and state sport education centres. Coaches will be sent relevant up-to-date information, and may be contacted by the ASC. Your information will not be used or disclosed except in accordance with the provisions of the Privacy Act 1988.



Date

1. Name and contact information

Please provide your name and contact information:

Application to Train Level 0 Carriage Driving Coach



3. Signatures On page 2 of this form, please read about the pre-

requisites for Level O. If you meet those requirements, and agree with the following statement,

Please read pages 1 and 2 carefully, then complete and submit pages 3 - 6 and the order form on page 9 of this application form to your State Coaching Coordinator for confirmation of your application. Please retain the remainder of the application pages for your reference. Print clearly in block letters.

Family name		requirements, a	nd agree with the follow please sign below	wing statement,
Given name		I wish to a	oply to train as an RD) Δ I evel Ω
No/Street		Carriage Drivi	ng Coach at the aboved according to the R	ve centre and
City		Signature of	education system.	
State	Postcode	applicant		
Phone		Date	/	/
Date of Birth			you are under 18 year or guardian must sign	
Mobile		Parent/guardia	n	
Email		Signature		
RDA Centre				
2. Your Carriag supervisor	e Driving Coach Educate	r or The Presiden	t of your RDA Centre I following statement:	must sign the
	reed carriage driving coac their highest relevant quali	cation 2 I ne managen	nent committee of the	
Family name		Signature of		meation.
Given name		President		
No/Street		Date	/	/
Phone				
Email				
Relevant qualification			State (Office use only
	ı arriage driving coach educ	Pater must	d	/ /
sign the following statement:		Order Fo	V00 / N0	/ /
2. I agree to b	cant meets pre-requisites be this applicant's prima driving coach educator:	(page 2)	aterial State Yes / No	/ /
Signature		Trainee Regi		/ /

/

Receipt

no

Fees

paid

Please p	rint your full name on each page:
Name	

4. RDA experience						
Briefly outline your experience in the RDA setting:						
5. Other equestrian experience						
The OTC qualification requires applicants to have basis carriage driving experience. Places describe any						
The OTC qualification requires applicants to have basic carriage driving experience. Please describe any experience you have working with horses, your experience with carriage driving or other equestrian activities.						
experience you have working with horses, your experience with carriage unving or other equestrial activities.						
6. Experience with people with disabilities						
What practical experience have you had with people with disabilities						
That proceed experience have you had min people min alcaemice						
7. Special needs						
Please specify below any special needs or requirements you may have, especially those that might be relevant to						
the study and practical aspects of a coach training course.						

4 01 9

Please p	rint your full name on each page:
Name	

8. Recognised Current Competency

RDA Coach training courses are accredited with the Australian Sports Commission under the National Coaching Accreditation Scheme (NCAS). You may already hold an equivalent Australian (or overseas) qualification which covers some (or all) of the RDA coach training competencies. These competencies can be recognised as prior learning for the RDAA coach education system. Please see the RDAA Competency Statements for more information.

If you wish to apply for Recognition of Current Competencies, please provide the following details:

you man to upply for model and an output competences, prouds provide the following detailed									
Name of relevant		Date qualification							
qualification/course:		completed:							
Please list competencies that are relevant:									
Name of relevant		Date qualification							
qualification/course:		completed:							
Please list competencies that are relevant:									
I wish to apply for Recognise (please attached additional page	Signature:								

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Coach's Code of Ethics Agreement Form

for registration or re-registration to the National Coach Accreditation Scheme (NCAS)

Riding for the Disabled Association of Australia Inc.

l,	of	
Full Name		Address
	Address cont.	
am seeking registration / Accreditation Scheme qua	`` '	or the following National Coaching
	CAD – Equestrian	
Level	Sport	Discipline
I agree to the following terms	s:	
1. I agree to abide by the RDA	A AUSTRALIA Coach's Code of Eth	ics
2. I acknowledge that RDA AL	USTRALIA may take disciplinary act	tion against me, if I breach the code of ethics. (I
understand that RDA AUS	FRALIA is required to implement a c	complaints handling procedure in accordance with
the principles of natural just	tice, in the event of an allegation aga	ainst me)
3. I acknowledge that disciplin	nary action against me may include o	de-registration from the National Coaching
Accreditation Scheme.		
Please refer to the <i>Harassmen</i> RDA AUSTRALIA , if you requ	nt-free Sport Guidelines available fro ire more information on harassment	m the Australian Sports Commission or contact issues.
Signature	(if under 18, parent / gua	ardian signature) Date

Coach's Code of Ethics

1	Description of the mights disputty and wanth of	Within the context of the activity, treat everyone equally regardless
1.	Respect the rights, dignity and worth of	of sex, disability, ethnic origin or religion
	every human being	All athletes are deserving of equal attention and opportunities
2.	Ensure the athlete's time spent with you is a positive experience	·
3.	Treat each athlete as an individual	 Respect the talent, developmental stage and goals of each athlete Help each athlete reach their full potential
4.	Be fair, considerate and honest with	
	etes	
5.	Be professional and accept responsibility	 Display high standards in your language, manner, punctuality, preparation and presentation
	for your actions	 Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators
	3.6.1	Encourage your athletes to demonstrate the same qualities Maintain or improve your autront NCAS according to
6.	Make a commitment to providing a quality service to your athletes	 Maintain or improve your current NCAS accreditation Seek continual improvement through performance appraisal and ongoing coach education
		 Provide a training program which is planned and sequential Maintain appropriate records
7. spor	Operate within the rules and spirit of your	 The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, eg anti-doping
1		policy, selection procedures, etc Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA)
8.	Any physical contact with athletes should be:	 appropriate to the situation necessary for the athlete's skill development*
9.	Refrain from any form of personal abuse towards your athletes*	 This includes verbal, physical and emotional abuse Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care
10.	Refrain from any form of harassment towards your athletes*	 This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability You should not only refrain from initiating a relationship with an
		athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal
11.	Provide a safe environment for training and competition	 Ensure equipment and facilities meet safety standards Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes
12.	Show concern and caution toward sick and injured athletes	Provide a modified training program where appropriate Allow further participation in training and competition only when appropriate Encourage athletes to seek medical advice when required Maintain the same interest and support toward sick and injured athletes
	Be a positive role model for your sport and athletes	

^{*} Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

Coaches should...

- be treated with respect and openness
- ♦ have access to self-improvement opportunities
- be matched with a level of coaching appropriate to their level of competence

PLEASE SIGN THE COACH'S CODE OF ETHICS AGREEMENT FORM ON THE PREVIOUS PAGE

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OTC Syllabus Order Form & Tax Invoice

ABN 99 116 408 587

Please complete and submit this page to your State Coaching Coordinator who will forward this to RDAA along with your payment. Please print clearly in **block** letters.

If you are a new OTC, then you will need to order both the Generic and the Sports Specific Manuals and Workbooks. If you are already an OTC or Level 1 Riding/Vaulting Coach, then you will only need to order the Sports Specific OTC Carriage Driving Manual and Workbook to become an OTC Carriage Driving Whip.

Tick which one	is applicable	•	✓	Amou	nt		Carriage Driving Level 0	▶		→	Carriage Driving Level 1	→		
Level O General Manual & Workbook				\$22.0 (inc GST \$2		NCAS	Levero	J	NCAS		Leveri	J	NCAS	
Level O Carriage Driving Sports Specific Manual & Workbook				\$22.0 (inc GST \$2	0	RDAA Level	Riding → Level 0	*	RDAA Level 1	>	Riding Level 1	→	RDAA Level 2	Rio Lev
Postage and Ha	andling			\$10.00	0 Ge	General		_	General		Vaulting Level 1	1	General	
Total Enclosed								4		→				
	Delivery	Address												
Name														
Street number and name														
Suburb/Town											RDAA C	Offic	e Use C	Only
State		Postcode			Rec	eived							/	
Daytime Ph					Trai	inee reg	gistered				/		/	
Mobile					Trai	ining m	aterial iss	ue	d		/		/	
Email					Fe	es paid		/	/		Receipt	no	1	
Cheque or Mo			to Riding			nich is a _l : t Card:								
	oled Association e enclose with	on of Australia your order)	Ltd		Туре	of card		Visa	а 🗆	M	asterca	ırd		
Electronic Transfer/Direct Debit:			Card I	Number		/_		/_		/ _				
Bank: National Australia Bank			Expiry	Date	/_		_							
				Name	on car	d								
Name of Account: Riding for the Disabled				C:	h									

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Thank you for your order. It will be mailed to your nominated address within 14 days of processing of payment.

Association of Australia Limited

Under remittance advice please add your full name

Signature _