

Results of HIPPOThERAPY treatment

The images below show the improvement seen after hippotherapy.



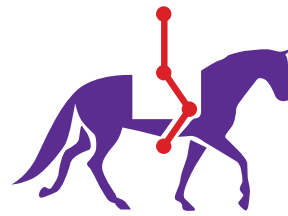
BEFORE



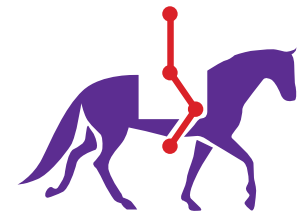
AFTER



“Hippotherapy RDA makes a huge difference to the lives of children and adults with disabilities.”



HIPPOThERAPY RDA



HIPPOThERAPY RDA

A HEALTH PROFESSIONAL SERVICE DIVISION WITHIN RDA

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HIPPOThERAPY

a unique approach to rehabilitation using the movement of the horse

HIPPOTHERAPY

a unique approach to rehabilitation
using the movement of the horse



What is HIPPOTHERAPY?

Hippotherapy is a treatment strategy provided by specially trained physiotherapists, occupational therapists and speech-language pathologists utilising equine movement.

The horse used for hippotherapy is carefully selected and trained to behave in a consistently calm manner and to produce quality movement.

Benefits of HIPPOTHERAPY

- Development of more functional balance strategies
- Improved dynamic balance and postural stability
- Mobility of pelvis, spine and hip joints
- Modification of muscle tone
- Increased endurance
- Improved symmetry and alignment

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- Improved timing and coordination of motor strategies
- Improved sensori-motor integration
- Increased motivation and reduction of therapy burnout
- Increased self esteem and confidence
- Increased body awareness
- Increased attention and ability to focus

The HIPPOTHERAPY RDA team

- A specifically selected & trained horse accredited with RDA
- A therapist with additional training in the principles and application of hippotherapy
- An accredited RDA horse handler
- Trained sidewalkers
- A client with functional impairments
- The client's medical management team

How can YOU help?

As a nonprofit organisation, Hippotherapy RDA relies on the donations of generous supporters. Donations of \$2.00 or more are tax deductible.

